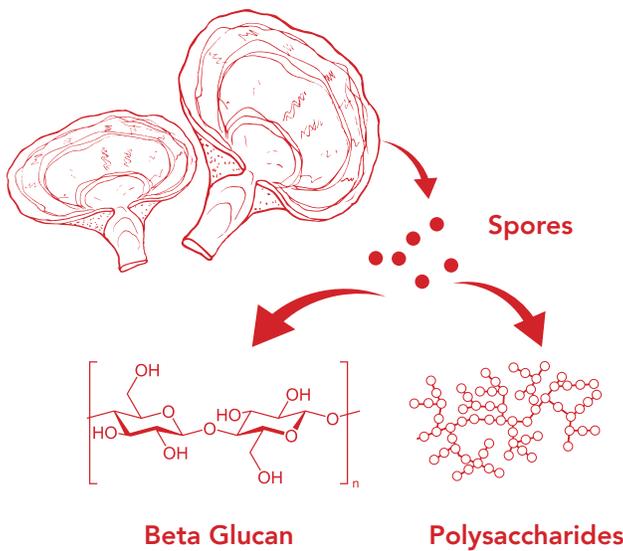


GANODERMA LUCIDUM SPORE POWDER

Harness the benefits of the best part of the Ganoderma Lucidum mushroom with this special spore powder, rich in naturally beneficial compounds such as polysaccharides, triterpenes and selenium. It's a premium product for those aiming to be at the pinnacle of good health.



HOW DO WE EXTRACT THE SPORES?



The Spores are the seeds of Ganoderma Lucidum, these tender seeds are protected by a shell which is hard like a coconut, making it impossible for the human body to digest in its original form.

Ganoderma spores are the most expensive because harvesting them must be timed just right. Once released and harvested, they are cracked open twice to release their most nutritious and powerful ingredients: **beta glucan and polysaccharides**, allowing the digestive system to absorb their potent qualities. How they are cracked to open can also affect the quality and efficacy of the spore therefore the technique is of vital importance.

The spore has a rich source of triterpenoids, valuable for health. Triterpenoid is the active component in plants that helps boost and support a healthy immune system¹.

WHY DO YOU NEED BETA GLUCANS AND POLYSACCHARIDES?



Beta Glucan is a great source of soluble fiber² and can help improve cholesterol levels and certain skin conditions.



It also has prebiotic properties, enhancing the absorption of nutrients in the digestive system.



Additionally, Polysaccharides are abundant natural polymers found in plants, animals and microorganisms with exceptional properties and essential life sustaining roles³.

DID YOU KNOW?

It takes 5-7 months for a Ganoderma Lucidum mushroom to release its spores at its base.

The Ganoderma fruiting body releases millions of spores from the underside of the fruiting body, and can cover the entire mushroom in minutes! Within a few hours, the entire microenvironment is covered by spores.

The spores are considered amongst the most important of rare antioxidant sources. The shell-broken spores of Ganoderma Lucidum mushroom is considered a revolutionary scientific discovery.



HOW TO USE

Take 2 capsules, 3 times a day

Resources:

- [1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3271404/#:~:text=Ganoderma%20spores%20are%20the%20fungus's,from%20the%20cap%20of%20G.&text=At%20present%2C%20the%20chemical%20constituents,for%20its%20numerous%20pharmacological%20uses>](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3271404/#:~:text=Ganoderma%20spores%20are%20the%20fungus's,from%20the%20cap%20of%20G.&text=At%20present%2C%20the%20chemical%20constituents,for%20its%20numerous%20pharmacological%20uses)
- [2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236515/>](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236515/)
- [3. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5152545/>](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5152545/)